

Mission Heights Lunch

February 2019

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				Chicken Bowl Mashed Potatoes Green Peas Fruit Milk Variety
4	5	6	7	8
Baja Beef and Rice Bowl Corn Fruit Milk Variety	Taco Tuesday WG Rice Seasoned Veges Chilled Fruit Milk Variety	Teriyaki Chicken WG Rice Steamed Vegetable Dinner Roll Fruit Milk Variety	Pulled Pork Sandwich Baked Beans Vegetables Fruit Milk Variety	Meatball Pasta Peas Dinner Roll Fruit Milk Variety
11	12	13	14	15
Chicken Alfredo Vegetable Breadstick Fresh Fruit Milk Variety	Sloppy Joe Mac and Cheese Pinto Beans Fruit Milk Variety	Grilled Cheese Sandwich Tomato Soup Potato Wedges Vegetables Fruit Milk Variety	Sweet and Sour Chicken WG Rice Green Beans Chilled Fruit Milk Variety	Chicken Nuggets WG Rice Cauliflower Fruit Milk Variety
18	19	20	21	22
Presidents Day	Chicken Taco WG Rice Black Beans Corn Fruit Milk Variety	Cheeseburger Potato Wedges Vegetable Fruit Milk Variety	BBQ Chicken Mac and Cheese Dinner Roll Vegetable Fruit Milk Variety	Turkey w/Gravy Mashed Potatoes Corn Fruit Milk Variety
25	26	27	28	
Spaghetti w/ Meatballs Green Beans Garlic Breadstick Fruit Milk Variety	Turkey Nachos Lettuce/Tomato Shredded Cheese WG Rice Fruit Milk Variety	Chili Cheese Dog Baked Beans Corn Fruit Milk Variety	Chicken Tenders Sweet Potato Fries Vegetable Fruit Milk Variety	

This institution is an equal opportunity provider