

Monday

Tuesday

Wednesday

Thursday

Friday



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll this month. Don't forget to add a glass of milk and a side of fruit to complete your meal!



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***French Toast Bar**
Grape Escapes
100% Fruit Juice

12 ***WG Waffles w/Syrup**
Banana
100% Fruit Juice

13 ***Chocolate Mini Donuts**
Apple Chips
100% Fruit Juice

14 ***Yogurt w/Vanilla Goldfish**
Mixed Fruit
100% Fruit Juice

18 ***Lucky Charms Cereal**
Cinnamon Applesauce
100% Fruit Juice

19 ***Cinnamon Pop Tart**
Raisins
100% Fruit Juice

20 ***N1 Breakfast Sandwich**
Strawberry Apple Chips
100% Fruit Juice

21 ***Zucchini Super Slice**
Orange
100% Fruit Juice

22 ***Pancake Bowl w/ Strawberries**
100% Fruit Juice

25 ***Trix Cereal**
Gala Apple
100% Fruit Juice

26 ***Blueberry Muffin**
Pear-Berry Cup
100% Fruit Juice

27 ***Egg, Turkey & Cheese Tornado**
Banana
100% Fruit Juice

28 ***Carrot Bun**
Granny Artic Apples
100% Fruit Juice

29 ***Bagel w/ Strawberry Cream Cheese**
Orange Craisins
100% Fruit Juice